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HomeCare  
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# Choices

WINTER 2009

The latest  
news from  
RSL Care

## New retirement community opens in Ipswich



Marian Mudra, State President, QCWA and  
Doug Formby, State President, RSL QLD Branch

RSL Care's Milford Grange Retirement Community in Eastern Heights, Ipswich, was officially opened on July 30th by Marian Mudra, State President, Queensland Country Women's Association (QCWA) and Doug Formby, State President, RSL QLD Branch.

Over 100 people were in attendance including Paul Pisasale, Mayor of Ipswich, Cr Andrew Antonioli and Graham Kraak, Queensland Health Director of Policy Branch for Elder Persons. The Catafalque Guard from the 382nd Expeditionary

Combat Support Squadron, RAAF Base, Amberley, was part of the formal proceedings.

When complete, the \$35m fully integrated Milford Grange Retirement Community, a joint initiative between RSL Care and QCWA, will comprise 61 independent living villas and a 120 bed residential care facility catering for low, high and dementia residential care and HomeCare in one community.

"The opening of Milford Grange will mean a significant boost in aged care options available in the Ipswich region and will allow RSL Care to offer a more comprehensive range of services to the ex-service, QCWA and general community," said RSL Care's CEO, Ross Smith. "RSL and QCWA members are integral to our society and we encourage them to expand their activities by including the Milford Grange Retirement Community," he said.

The first two stages of independent living villas are selling fast. These modern villas feature open plan two-pac kitchens with stainless steel appliances, stone bench tops and vanities, private courtyards, water tanks, level design – no steps, 24-hour emergency call systems, Crimsafe screens and air-conditioning.

The first 60 beds of the residential care facility, catering for high and low care, have now opened and applications are currently being accepted. "This state of the art residential care facility offers residents



RSL Care Chairman of the Board,  
Mr Sam Komarowski

a pleasantly furnished, private, ensuited room in a caring and supportive environment," said Mr Smith.

At home assistance from RSL HomeCare is also available to residents living independently at Milford Grange Retirement Community, as well as to the wider community.

For more information about Milford Grange Retirement Community, please call 1300 614 923 or visit [www.rslcare.com.au](http://www.rslcare.com.au)

## Special call to our RSL mates to support the 2009 Chairman's Appeal

In the 2009-2010 financial year, the RSL Care leadership team has received capital expenditure requests from across the whole of business. As is the case each year and even more so in the current worldwide economic climate, RSL Care has limited budget resources and finds it very challenging to meet this total expenditure.

All requests have been evaluated and prioritised according to greatest need. The current seven top priority projects are spread across all twenty-seven RSL Care retirement communities. In total, just on \$5 million is needed in the current financial year to fund these critical aged care projects.

Like most not-for-profit companies, RSL Care increasingly depends on tax-deductible donations to help fund some of its aged care programs. In launching the annual Chairman's Appeal in 2009, RSL Care aims to raise \$60,000 from tax-deductible donations to supplement the procurement of two urgently needed Combi steam convection ovens at a cost of \$30,000 each.

These state-of-the-art ovens provide a more

gentle cooking process whereby flavours of meals are naturally enhanced. This gentle and efficient meal production results in more perfectly prepared meals for the enjoyment of elderly residents who are receiving low and high care, throughout the RSL Care network of retirement communities.

Chairman Sam Komarowski stressed the importance of ensuring all RSL Care sites are equipped with the latest technology to assist staff with daily meal production. "I am so pleased knowing all donations to our 2009 Chairman's Appeal will be allocated to ensuring all our elderly residents in low and high care continue to receive the very best of quality care. Our 2009 Chairman's Appeal is about going that extra mile for our elderly residents, many of whom are ex-service men and women."

"I urge all of our mates at RSL Sub-Branched and within the wider ex-service communities to please dig deep in these tough economic times and help RSL Care with this one high priority project. We urgently need \$60,000. Please dig deep and help RSL Care today." Sam said.



RSL Care Chairman of the Board, Sam Komarowski

All donations, great and small, are important to RSL Care. To make a tax-deductible donation to RSL Care, please find enclosed a donation coupon and reply paid envelope with this copy of the RSL News.

For more information about the RSL Care Donations Program, please call Lorraine Nothling on 07 3251-6878 or visit [www.rslcare.com.au](http://www.rslcare.com.au)



# Luxury retirement living now open in Hervey Bay!



*The dining area is the hub of your Sapphire lifestyle, relaxed, roomy and inviting*

Sapphire on the Esplanade, RSL Care's new retirement living luxury option on the horizon in Hervey Bay for over 55s is now open!

Retirees can now experience Sapphire for themselves, with two fully furnished display apartments open daily.

Sapphire Consultant Betty Osborne said that depositors have been eagerly waiting to see the finished product.

"I am pleased to announce that the wait is over, and I don't think retirees will be disappointed;

the finished product is just brilliant!" Betty said.

"The response from people viewing the displays has been overwhelming – depositors are pleasantly surprised with what they have seen, especially with the size of the apartments," Betty said.

"If you had your heart set on snapping up one of these stunning waterside apartments, you had better hurry; they are selling fast!" Betty said.

Situated on the Esplanade at the corner of Charles and Watson Street, Sapphire's brilliant design includes six floors and 60 apartments

with four different floor plans to choose from.

Sapphire apartments are designed and built to meet the lifestyle need of active over 55s. The only 100% owner - occupied apartment development on the Esplanade, the Sapphire lifestyle is very affordable with two and three bedroom luxury apartments selling from \$333,000 to \$670,000.

Features include a 15 metre solar heated exercise pool, a communal club lounge with bar and big screen and a rooftop garden and barbeque area with spectacular views over the Bay and across to Fraser Island.

Each apartment has its own secure car park as well as lockable storage area. A limited number of second car spaces are available to purchase and if you have a van or boat, there are a number of specially designed carports or enclosed garages that you can buy as very valuable options.

Betty, who has been selling retirement living options in the Hervey Bay area for the past 13 years said: "It's a very different style from that which Hervey Bay residents have previously seen in retirement living, and early response from the market indicates it's just what retirees want now."

Sapphire on the Esplanade is the most prestigious development ever undertaken by RSL Care.

To make an appointment to view our display apartments, please contact consultant Betty Osborne on 07 4194 1789, or visit [www.sapphireherveybay.com.au](http://www.sapphireherveybay.com.au). The display is open 7 days a week, Monday-Friday 9am – 4pm and Saturday-Sunday 10am-2pm.

## Fred takes time to make a difference

RSL Care Volunteer, Fred Franken, knows how important giving back to the community is, especially to those who need that extra bit of help.

In 2009, Fred's late wife was diagnosed with a medical condition which required her to have ongoing care. Fred sought the help of his local RSL HomeCare office, where care is provided within the home. This allowed the couple to remain in their family home – something that was important to them both.

"During the time I cared for my wife, I knew the community had helped me so much I wanted to give something back. I saw the volunteer advertisement in the local paper and thought - why not give it a go?"

Fred's generous outlook towards helping the community provides much needed transport assistance to HomeCare clients who are no longer able to transport themselves.

"I have clients who come from Greenbank,

Park Ridge, Forest Lake, Sunnybank and Runcorn. I take them to medical appointments and shopping and am often rewarded with a cup tea and great conversation."

Fred lives a very full life, not only volunteering with HomeCare, but also enjoys travelling around Australia in his caravan.

RSL Care is currently looking for volunteers. You too can make a difference by donating as much or as little time as you can spare in areas such as shopping, transport to appointments, assisting with activities, social support or companionship. Training and support are provided.

"Volunteering is very rewarding. Anyone who is thinking about volunteering with RSL Care should get into it!" Fred said.

For more information about Volunteering with RSL Care, please call 07 4972 5197 or visit [www.rslcare.com.au](http://www.rslcare.com.au).



RSL Care Volunteer Fred Franken



# An extraordinary hero at Fernhill

In July 2009, a Peace Medal was presented to Harold Edward Atkinson, also known as 'Dutchy' by his friends and family at RSL Care's Fernhill Retirement Community at Caboolture.

One of only two Peace Medals was presented by Mr William Lee, Head of the Korean Association in the Gold Coast and representative of the Korean Government for the occasion. In an emotional ceremony, Dutchy received his medal in front of an audience of 500 people in the Gold Coast.

The Medal Dutchy received acknowledges his service and devotion to peace keeping in Korea. Enrolled in the United Nations Peace Force and member of the 3rd Battalion, Royal Australian Regiment, Dutchy was cited for extraordinary performance of combat duties in action against the armed enemy near Kapyong, Korea, on 23 and 24 April 1951.

In a special commendation letter signed by President Harry S. Truman, 33rd President of the United States of America, Dutchy also received a distinguished unit citation for extraordinary heroism.

The letter depicts the fantastic journey of these extraordinary men: "The 3rd Battalion, Royal

Australian Regiment (...) displayed such gallantry, determination, and esprit de corps in accomplishing their missions under extremely difficult and hazardous conditions (...) and by their achievements brought distinguished credit on themselves, their homelands, and all freedom-loving nations."

Corporal Harold Edward Atkinson enlisted in Korea in September 1950. He was a courageous and heroic soldier who fought for piece in the battle of Gapyeong and was wounded in his back at the battle at Maryansang. He was sent back to Australia and discharged in December 1952.

Dutchy has been on the Committee of the Korean War Veterans Association at the Sunshine Coast since it was started and was Vice President for most of the time.

Now a happy resident at Fernhill Retirement Community, Dutchy found peace of mind in the residential care facility providing for low, high and special care.

For more information on Fernhill Retirement Community please call 07 5490 6300 or visit [www.rslcare.com.au](http://www.rslcare.com.au)



Mr Harold Edward Atkinson at the Peace Medal ceremony in the Gold Coast

By virtue of the authority vested in me as President of the United States and as Commander in Chief of the Armed Forces of the United States, I have today awarded  
**HAROLD E. ATKINSON 3R.A.R.**

**THE DISTINGUISHED UNIT CITATION (ARMY)  
FOR EXTRAORDINARY HEROISM  
TO THE  
3rd BATTALION, ROYAL AUSTRALIAN REGIMENT**

Extract of the letter sent to Mr Harold Edward Atkinson and signed by President Harry S. Truman, 33rd President of the United States of America

## Secretary's bus vision becomes reality



(L - R) Back row: Mr Ray Watherston, President RSL Ipswich Railway Sub-Branch, Mr Ray Townsend OAM, former Vice President RSL (Queensland Branch), Lorraine Nothling, RSL Care Fundraising Manager, Mr Phil Bailey, Secretary RSL Ipswich Sub-Branch, Mr Phil Gilbert, President RSL Ipswich Sub-Branch. Front row: Mr Stan Kent DCM, Mr Jock Henderson, former President RSL Ipswich Sub-Branch

Milford Grange Retirement Community resident Mr Stan Kent DCM, a previous President (1996-97), and then Secretary of the RSL Ipswich Sub-Branch (1997-2002) can be proud of his bus vision for the retirement community.

With construction of Milford Grange a few years out, it was Mr Kent who proposed the purchase of a bus for the new RSL Care retirement facility. Mr Ray Townsend, former Vice President of RSL (Queensland Branch) and former President of RSL Ipswich Sub-Branch shared the vision and wanted to support RSL Care for the longer term benefit of the local ex-service community.

In a generous act of caring for their mates, members of the RSL Ipswich Sub-Branch and the RSL Ipswich Railway Sub-Branch (the Sub-Branches) unanimously agreed to jointly share the purchase of two small buses for the benefit of Milford Grange residents.

At Milford Grange's official opening ceremony in July, Mr Stan Kent DCM was pleased to catch up with Mr Ray Townsend and current serving executive members of the Sub-Branches. At 88 years old and today a resident at Milford Grange, Mr Kent DCM said: "I never thought I would one day be a resident at Milford Grange. This aged care facility is as good as it gets!"

"I would like to thank Ray Townsend and all my mates at the Sub-Branches for the two buses. As a resident I now understand first-hand their importance to everyone at Milford Grange!" Mr Kent DCM said.

## Cairns community previews new wing

The Cairns community had the chance to preview RSL Care Farnorha Retirement Community's new \$10.3m residential aged care extensions in June.

The extensions to its residential aged care wing, located at Lyons St Westcourt, will provide an additional 60 residential aged care beds catering for low and secure dementia care and Extra Service high care, with some of the beds designated specifically for people from non-English speaking backgrounds.

"This new wing will provide a significant boost to aged care in the Cairns region, which currently has a high demand for these services," said Ross Smith, CEO, RSL Care.

The community is staffed by a team of nursing, personal care and therapy specialists who encourage a caring and friendly environment. The light and airy airconditioned and ensuited rooms feature built-in robes, telephone and provision for television with communal areas including kitchen, lounge, dining room, TV and outdoor areas.

"This state of the art building and equipment will facilitate a high standard of individualised resident care," said Mr Smith.

At home assistance from RSL Care HomeCare is also available to people in the Cairns community. For further information about RSL Care HomeCare please phone 1300 076 566.

Applications are currently being accepted for low care, dementia care and Extra Service high care.

For more information please call (07) 4051 5805 or visit [www.rslcare.com.au](http://www.rslcare.com.au)



Farnorha Retirement Community

# Your Guide to RSL Care

## HomeCare, Retirement Living and Residential Care

## New Developments

	Home Care	Retirement Village	Low Care	High Care	Dementia Care
<b>North QLD &amp; Wide Bay</b>	<b>Caravonica</b> Kamerunga Road, Caravonica, Cairns 4870				
	<b>Cairns (Farnorha Retirement Community)</b> 257-281 Lyons St, Westcourt 4870 Ph: 07 4051 5805				
	<b>Townsville (Rowes Bay Retirement Community)</b> 9 Havana St, Rowes Bay, Townsville 4810 Ph: 07 4781 0800				
	<b>Bowen (Cunningham Villas) (Scartwater Trust)</b> Cnr Soldiers and Tollington Rds, Bowen 4805 Ph: 4791 3999				
	<b>Mackay (Mackay RSL Bicentennial Community)</b> Unit 18, 5 Creal St, Mackay 4740 Ph: 4953 2445				
	<b>Bundaberg (Fairways Retirement Community)</b> 59 Hanbury St, Nth Bundaberg 4670 Ph: 07 4155 8222				
	<b>Hervey Bay (Baycrest Retirement Community)</b> 99 Doolong Rd, Pialba 4655 Ph: 07 4128 8888				
	<b>Maryborough (Chelsea Retirement Community)</b> 110 Tooley St, Maryborough 4650 Ph: 07 4121 5899				
	<b>Emu Park (Sunset Ridge Retirement Community) (QCWA)</b> 44 Svendsen Road, Zilzie 4710 Ph: 07 4925 4000				
	<b>Sunshine Coast &amp; Far West Qld</b>	<b>Cooroy</b> Cnr Pearsons Rd and Old Bruce Hwy, Elm St, Cooroy 4563			
<b>Alexandra Headland (Tantula Rise Retirement Community)</b> 96 Tantula Rd West, Alex. Headland 4572 Ph: 07 5430 1400					
<b>Caloundra (Centaur Memorial Retirement Community)</b> 21 West Tce, Caloundra 4551 Ph: 07 5491 9866					
<b>Bribie Island (Bongaree Retirement Village)</b> 24 McDonald St, Bongaree 4507 Ph: 07 3408 3485					
<b>Longreach (Pioneers Retirement Community)</b> Sparrow St, Longreach 4730 Ph: 07 4658 1777					
<b>Murrumba Downs (Inverpine Retirement Community)</b> 54 Ogg Rd, Murrumba Downs 4503 Ph: 07 3886 3899					
<b>Caboolture (Fernhill Retirement Community)</b> 81-103 King St, Caboolture 4510 Ph: 07 5433 7299					
<b>Caboolture (Rivers Edge)</b> Torrens Road, Caboolture					
<b>Brisbane Metro</b>					
<b>Tweed, Gold Coast, Darling Downs &amp; West Moreton</b>		<b>New Farm (Treetops Caring Community)</b> 7 Sargent St, New Farm 4005 Ph: 07 3358 7100			
	<b>Pinjarra Hills (Fairview Retirement Community)</b> 2603 Moggill Rd, Pinjarra Hills 4069 Ph: 07 3334 6222				
	<b>Thorncroft (Moreton Shores Retirement Community)</b> 101 King Street, Thorncroft 4164 Ph: 07 3286 2011				
	<b>Parkinson (Carrington Retirement Community)</b> 16 Blairmount St, Parkinson 4115 Ph: 07 3273 2755				
	<b>Sunnybank Hills (Cazna Gardens Retirement Community)</b> 465 Hellawell Rd, Sunnybank Hills 4109 Ph: 07 3273 8078				
	<b>Currumbin (Galleon Gardens Retirement Community)</b> 126-138 Galleon Way, Currumbin Waters 4223 Ph: 07 5598 8133				
	<b>Banora Point (Winders Retirement Community)</b> Winders Place, Banora Point 2486 Ph: 07 5524 5211				
	<b>Banora Point (Darlington Retirement Community)</b> 126 Leisure Drive, Banora Point 2486 Ph: 07 5523 8900				
	<b>Waterford (Talbarra Retirement Community)</b> 150 Old Logan Village Rd, Waterford 4133 Ph: 07 3489 1000				
	<b>Toowoomba (Westhaven Retirement Community)</b> 55 Arabian St, Toowoomba 4350 Ph: 07 4637 2400				
<b>Hunter &amp; NSW Central Coast</b>	<b>Ipswich (Milford Grange Retirement Community) (QCWA)</b> 32 Grange Rd, Eastern Heights 4305 Ph: 07 3817 0400				
	<b>Macquarie</b>				
	<b>Bolton Point (Macquarie View Self Care Units)</b>				
	<b>Bolton Point (Macquarie Shores)</b> 12 Ridgeway, Bolton Point 2283 Ph: 02 4950 3933				
	<b>Rathmines (Don Geddes Catalina Memorial Aged Care Centre)</b> 171 Dorrington Road, Rathmines 2283 Ph: 02 4975 1649				
	<b>Port Macquarie (Sovereign Hills)</b>				
	<b>HomeCare</b> Available throughout Far North Qld, Mackay, Gladstone, Wide Bay, Sunshine Coast, Darling Downs, Brisbane, Gold Coast, Tweed and Hunter regions. For RSL HomeCare please call 1300 076 566				
	<b>Other services</b> <b>Day Therapy Centres:</b> Fairview, Pinjarra Hills Ph: 3334 6222 Fernhill, Caboolture Ph: 5433 7225				

	Independent Living Units (ILUs)	New Residential Care Beds
<b>North Qld &amp; Wide Bay</b>	<b>Caravonica</b> Cairns 200 ILUs Expressions of interest invited Phone 1300 558 648	
	<b>Farnorha</b> Cairns	60 Beds – Now Open Incl. Extra Service
	<b>Sapphire</b> Hervey Bay Apartments 60 Luxury Apartments Now Open Selling from \$333,000 Phone 07 4194 1789	
	<b>Fairways</b> Bundaberg	30 Beds – Now Open Incl. Extra Service
<b>Sunshine Coast &amp; Far West Qld</b>	<b>Sunset Ridge</b> Emu Park Master planned for 100 ILUs; 120 RC Beds Now Open Selling from \$287,100 Phone 4925 4011	120 Beds – Now Open Incl. 15 Extra Service
	<b>Tantula Rise</b> Alexandra Headland 40 Apartments Now Open Selling from \$293,500 Phone 07 5430 1458	
	<b>Cooroy</b>	160 ILUs 20 Apartments Expressions of interest invited Phone 1300 558 648
	<b>Rivers Edge</b> Caboolture 150 ILUs 30 ILUs Stage 1 Expressions of interest invited Phone 1300 558 648	
<b>Brisbane Metro</b>	<b>Moreton Shores</b> Thorncroft Master planned for 156 ILUs; 120 RC beds Stage 3, 33 ILUs Now selling from \$330,300 Phone 07 3286 2011	60 Beds – Now Open Incl. 15 Extra Service
	<b>Talbarra</b> Waterford Master planned for 211 ILUs; 120 RC Beds 41 ILUs Stage 1 Sold Out Stage 3 expressions of interest invited Phone 07 3251 6881	
	<b>Milford Grange</b> Ipswich Master planned for 61 ILUs; 120 RC Beds 30 ILUs Stage 1 Sold Out Expressions of interest invited Phone 07 3281 8042	60 Beds – Now Open
<b>Hunter &amp; NSW Central Coast</b>	<b>Sovereign Hills</b> Port Macquarie 112 ILUs Awaiting Development Approval	120 Beds Awaiting Development Approval

For all retirement villa sales enquiries call 1300 558 648

Please send me information on:  HomeCare  Retirement Living  Residential Care

Name of village/s

Mr/Mrs/Ms (please circle)

Name

Phone

Address

Postcode

Cut out this coupon and return to: RSL Care 301 Wickham Street, Fortitude Valley Qld 4006

For further information contact your local facility or  
General enquiries: 1800 888 775  
RSL HomeCare: 1300 076 566 Website: www.rslcare.com.au  
Head Office: 301 Wickham Street, Fortitude Valley, Queensland 4006



More lifestyle choices

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